

The background features a gradient from light green at the top to dark blue at the bottom. On the left side, there are several circular and semi-circular patterns, some resembling gauges or scales with numerical markings. The text is positioned on the right side of the image.

FINANCIAL IMPACT OF DIABETES

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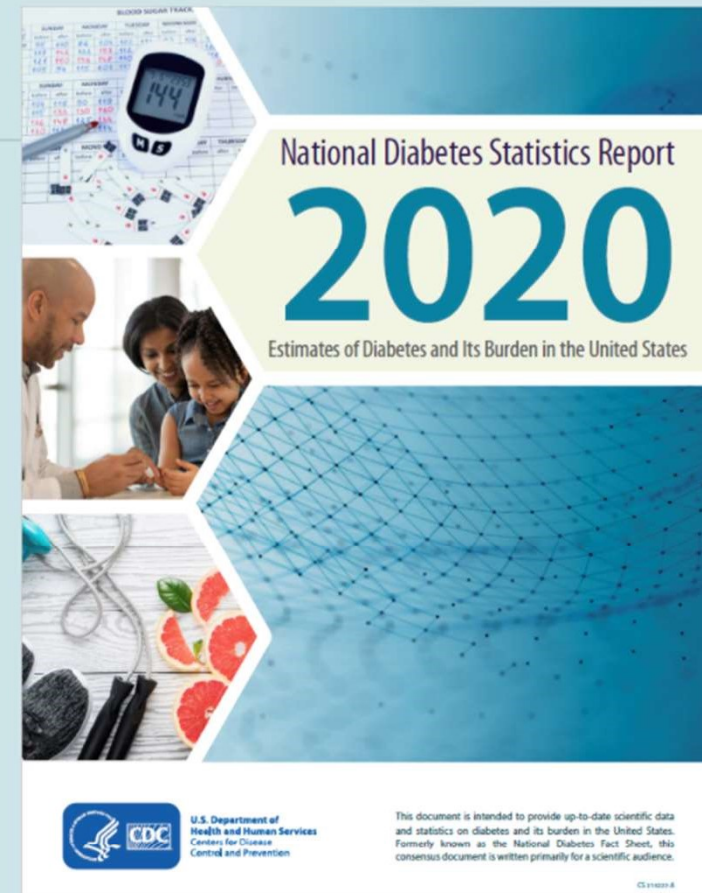
Fast Facts on Diabetes

Diabetes

- **Total:** 34.2 million people have diabetes (10.5% of the US population)
- **Diagnosed:** 26.9 million people, including 26.8 million adults
- **Undiagnosed:** 7.3 million people (21.4% are undiagnosed)

Prediabetes

- **Total:** 88 million people aged 18 years or older have prediabetes (34.5% of the adult US population)
- **65 years or older:** 24.2 million people aged 65 years or older have prediabetes

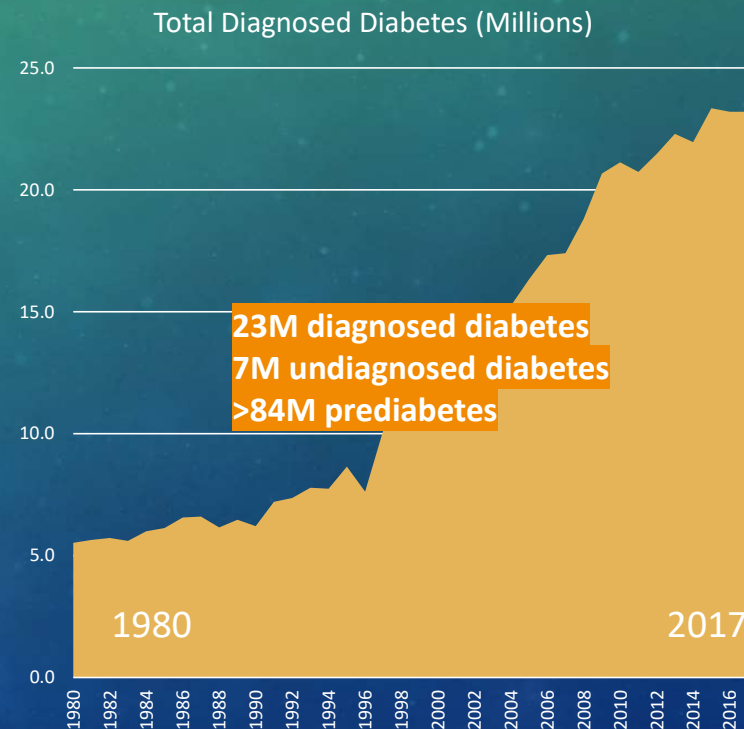


DIABETES IS COSTLY

- Financial Cost
 - Managing diabetes
 - Reducing complications
 - Managing complications
- Who bears the brunt?
 - The patient
 - The health system
 - Employers
- Other factors:
 - Missed Work
 - Quality of Life

DIABETES – SCOPE OF THE PROBLEM IN THE U.S.

- \$327B total cost (2017), projected to exceed \$400B (25%) in next 5 years
- \$237B in direct medical costs
 - 2.3X greater cost of care for diabetes
 - \$1 out of every \$4 in healthcare spend
 - High Cost Comorbid Illnesses: CVD, CHF, Stroke, CKD, Fatty Liver
- \$90B in lost productivity
 - Absenteeism (\$3.3B)
 - Decreased productivity at work (\$27B)
 - Disease-related disability (\$37B)
 - Lost capacity due to early mortality (\$20B)



DIABETES – SCOPE OF THE PROBLEM IN NC

Approximately **1,075,855 people** in North Carolina, or 13.1% of the adult population, **have diabetes**.

- Of these, **an estimated 247,000 have diabetes but don't know it**, greatly increasing their health risk.
- In addition, **2,624,000 people** in North Carolina, **36.1%** of the adult population, **have prediabetes** with blood glucose levels higher than normal.
- **Every year** an estimated **53,000 people** in North Carolina are **diagnosed with diabetes**.



DIABETES COMPLICATIONS DON'T HAVE TO HAPPEN



- Good Glucose Control
 - Good BP control
 - Taking Statins and other meds to lower cholesterol
 - Smoking cessation
 - New DM Medications
 - SGLT2 inhibitors
 - GLP-1 agonists
 - Other
- Medication
 - Diet
 - Precision Nutrition
 - Weight Loss
 - Exercise
 - Stress Reduction
 - Behavioral Health
 - Glucose Monitoring
 - Diabetes Education
 - Coaching